SUPPORTING DOCUMENT

1.3.1

INSTITUTION INTEGRATES CROSSCUTTING ISSUES RELEVANT TO PROFESSIONAL ETHICS, GENDER, HUMAN VALUES, ENVIRONMENT AND SUSTAINABILITY INTO THE CURRICULUM

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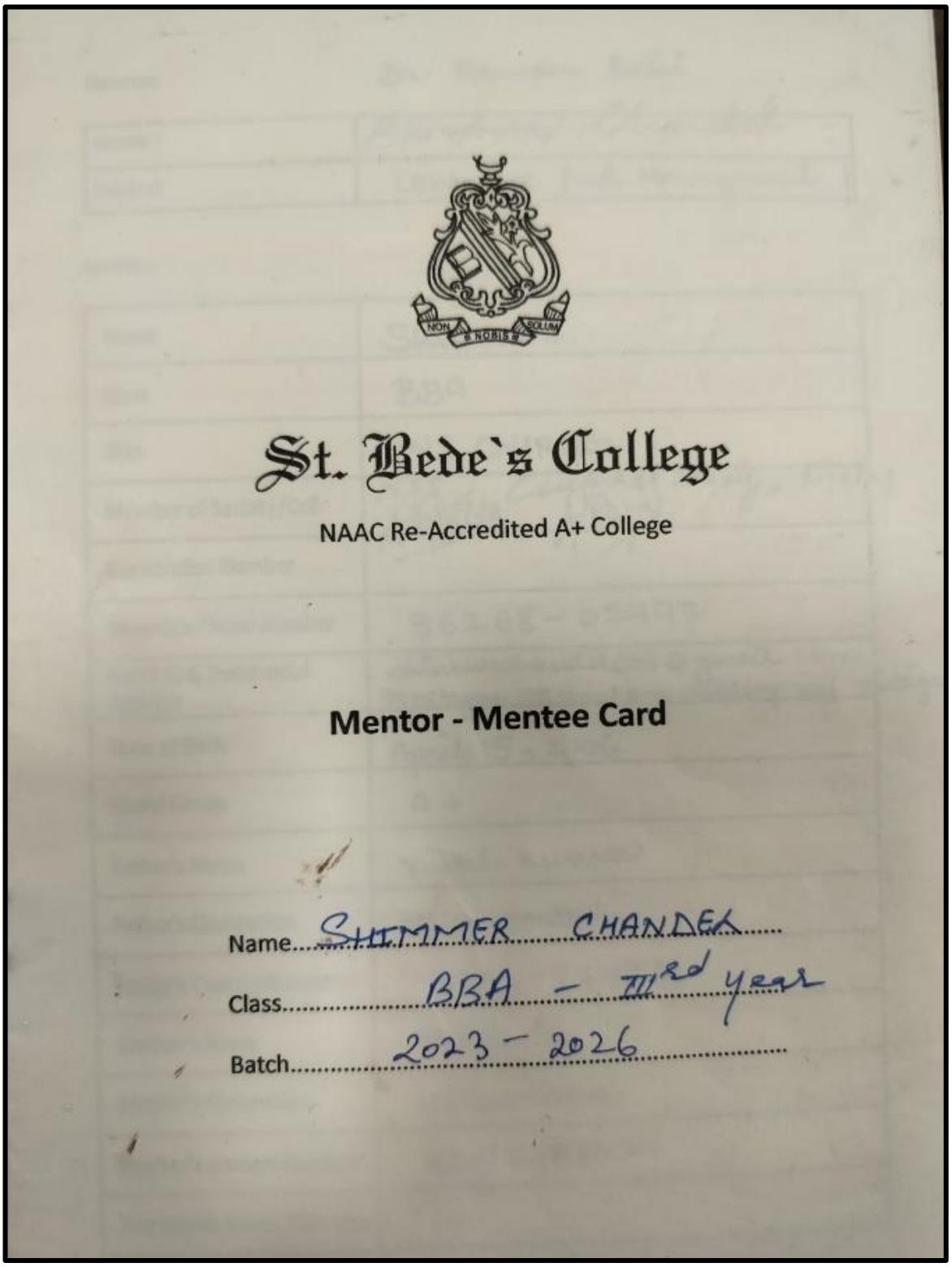
Mentor – Mentee Card Sample



St. Bede's College

NAAC Re-Accredited A+ College

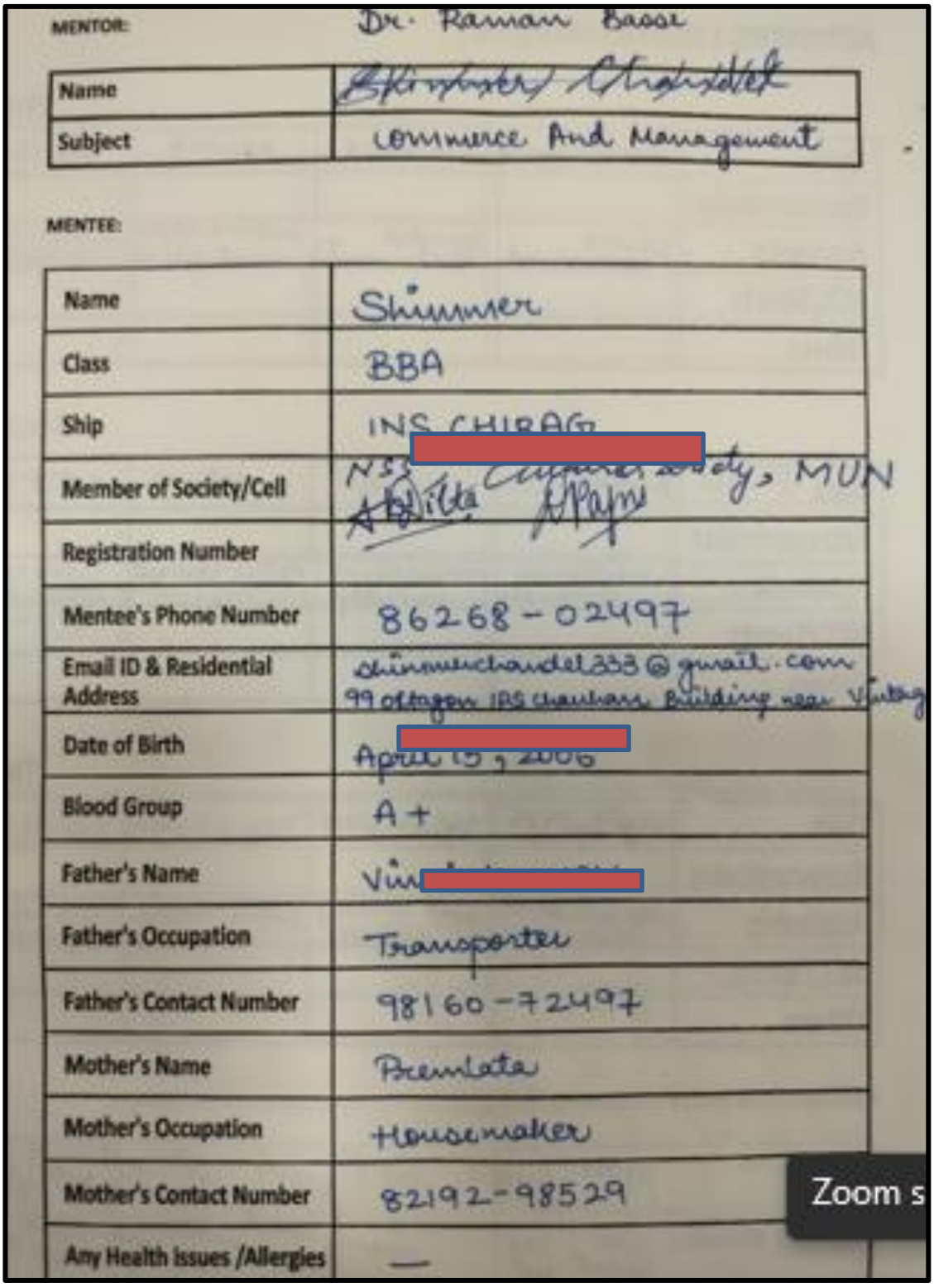
Mentor - Mentee Card

Name... SHIMMER CHANDEL.....

Class..... BBA – IIIrd year

Batch..... 2023 – 2026.....

Mentor-Mentee Card of B.B.A. Student



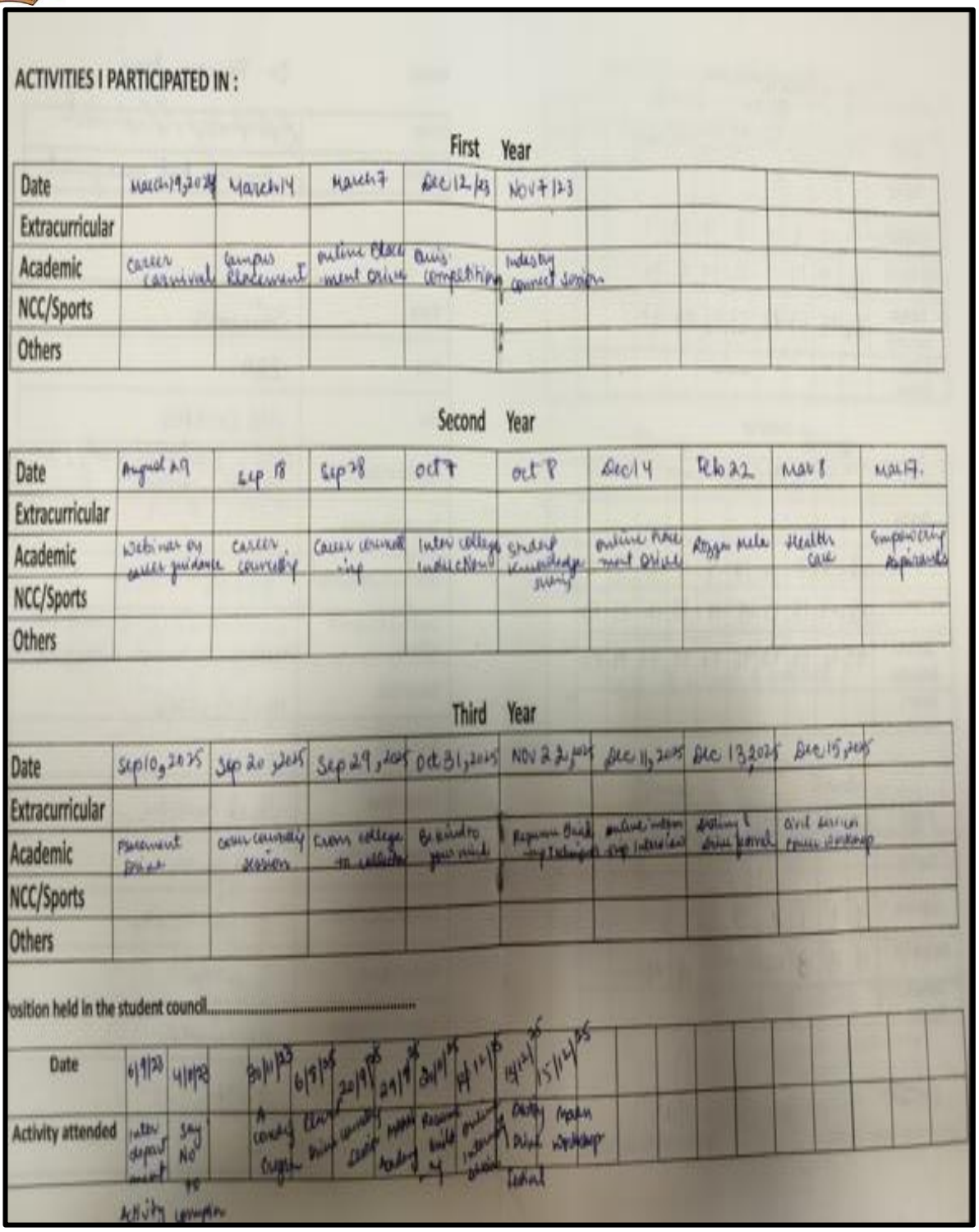
MENTOR: Dr. Raman Basse

Name	Shimmer Chandel
Subject	Commerce And Management

MENTEE:

Name	Shimmer
Class	BBA
Ship	INS CHIRAG
Member of Society/Cell	NSS Commerce society, MUN
Registration Number	
Mentee's Phone Number	86268-02497
Email ID & Residential Address	shimmerchandel333@gmail.com 99 oltagon IRS chauhan Building near Vintag
Date of Birth	April 15, 2006
Blood Group	A+
Father's Name	Vin[redacted]
Father's Occupation	Transporter
Father's Contact Number	98160-72497
Mother's Name	Premlata
Mother's Occupation	Housemaker
Mother's Contact Number	82192-98529
Any Health issues /Allergies	—

Mentor-Mentee Card of B.B.A. Student



ACTIVITIES I PARTICIPATED IN :

First Year

Date	March 19, 2024	March 14	March 7	Dec 12/23	Nov 7/23				
Extracurricular									
Academic	career carnival	campus placement	online placement drive	Quiz competition	industry connect session				
NCC/Sports									
Others									

Second Year

Date	August 29	Sep 18	Sep 28	Oct 7	Oct 8	Dec 14	Feb 22	Mar 8	Mar 17.
Extracurricular									
Academic	Webinar on career guidance	career counselling	Career counselling	Inter college induction	student knowledge survey	online placement drive	Rozgar Mela	Health care	Empowering aspirants
NCC/Sports									
Others									

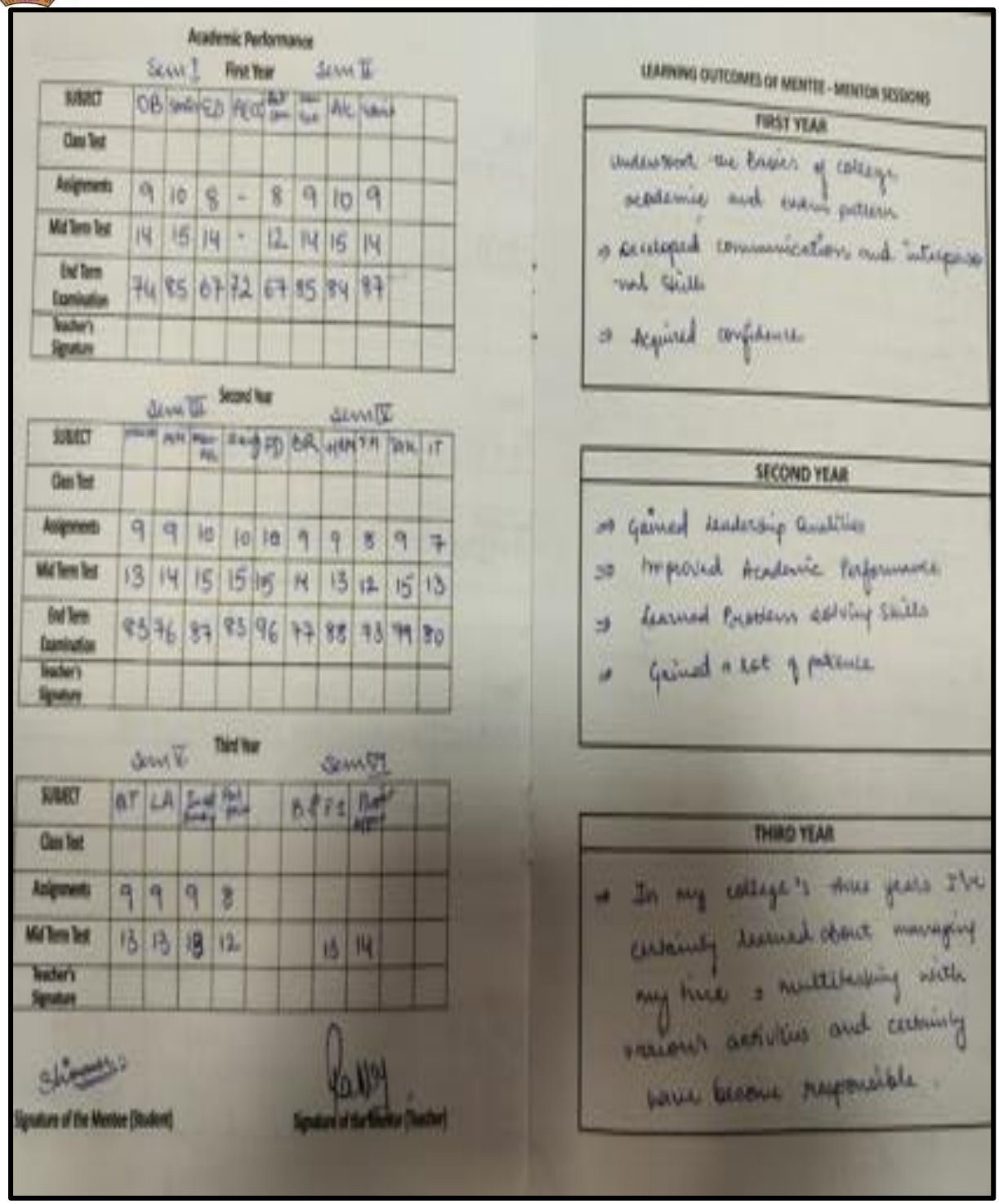
Third Year

Date	Sep 10, 2025	Sep 20, 2025	Sep 29, 2025	Oct 31, 2025	Nov 22, 2025	Dec 11, 2025	Dec 13, 2025	Dec 15, 2025	
Extracurricular									
Academic	placement drive	career counselling session	from college to collector	Be kind to your mind	Resume building technique	online interview interview	Dating & drive festival	civil services power workshop	
NCC/Sports									
Others									

Position held in the student council.....

Date	6/9/23	4/10/23	30/11/23	6/9/25	20/9/25	29/9/25	30/10/25	12/12/25	13/12/25	15/12/25									
Activity attended	inter department	Say No to Activity corruption	A candy Cregar	Clean drive	Counselling session	Mann Academy	Resume building	online interview session	Dating drive festival	Mann workshop									

Student's Participation in the Activities



Academic Performance

Sem I First Year Sem II

SUBJECT	OB		ED						
Class Test									
Assignments	9	10	8	-	8	9	10	9	
Mid Term Test	14	15	14	-	12	14	15	14	
End Term Examination	74	85	67	72	67	85	84	87	
Teacher's Signature									

Second Year

Sem III Sem IV

SUBJECT					FD	BR				IT
Class Test										
Assignments	9	9	10	10	10	9	9	8	9	7
Mid Term Test	13	14	15	15	15	14	13	12	15	13
End Term Examination	85	76	87	85	96	77	88	93	99	80
Teacher's Signature										

Third Year

Sem V Sem VI

SUBJECT	AT	LA							
Class Test									
Assignments	9	9	9	8					
Mid Term Test	13	13	18	12			15	14	
Teacher's Signature									

Signature of the Mentee (Student)

Signature of the Mentor (Teacher)

LEARNING OUTCOMES OF MENTEE - MENTOR SESSIONS

FIRST YEAR

- understood the basics of college, academic and exam pattern
- developed communication and interpersonal skills
- acquired confidence

SECOND YEAR

- gained leadership qualities
- improved Academic Performance
- learned Problem solving skills
- gained a lot of patience

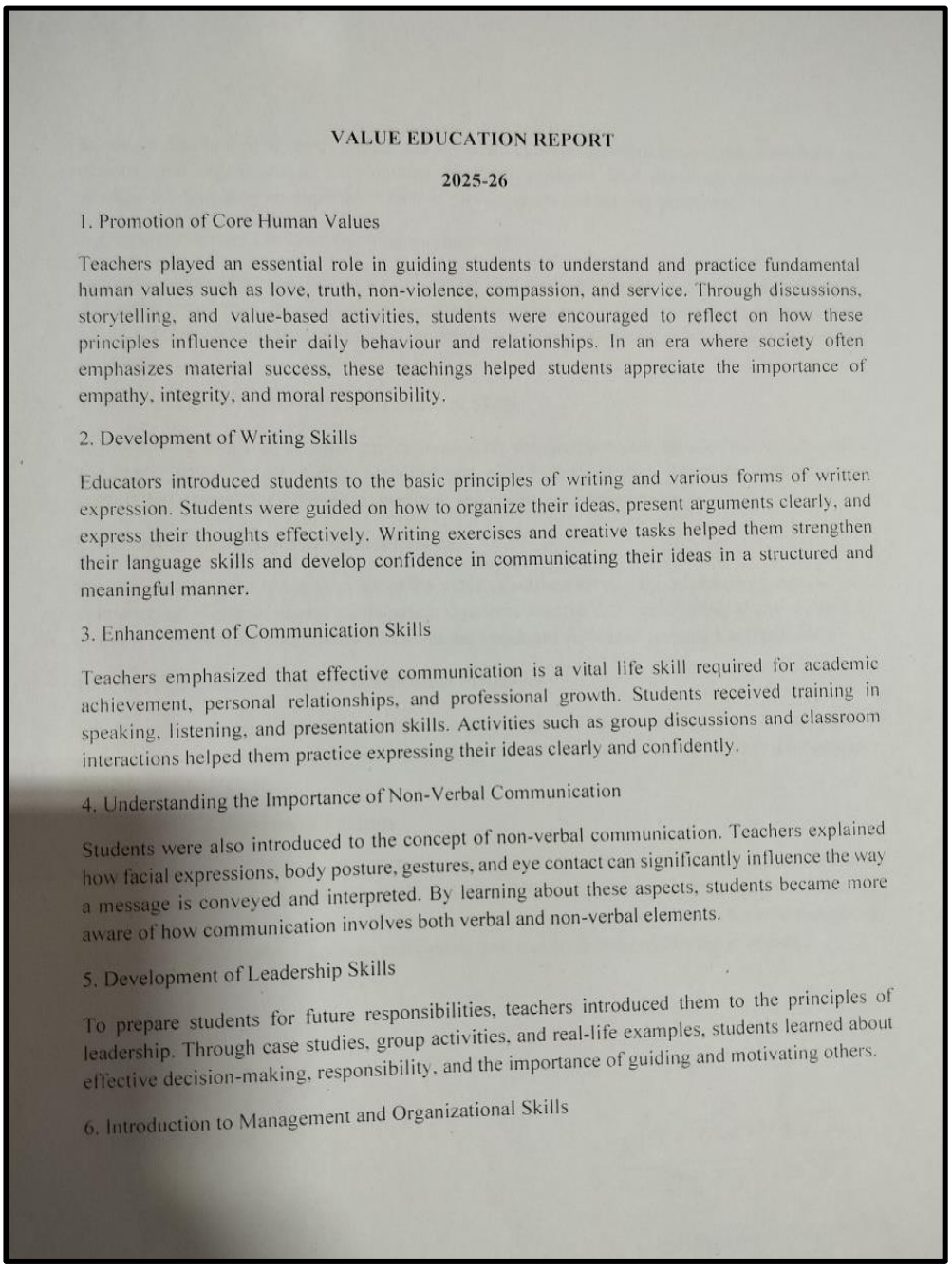
THIRD YEAR

- In my college's three years I've certainly learned about managing my time & multitasking with various activities and certainly have become responsible.

Learning Outcomes of Mentor-Mentee Sessions

Value Education Report Sample

2025-2026



VALUE EDUCATION REPORT

2025-26

1. Promotion of Core Human Values

Teachers played an essential role in guiding students to understand and practice fundamental human values such as love, truth, non-violence, compassion, and service. Through discussions, storytelling, and value-based activities, students were encouraged to reflect on how these principles influence their daily behaviour and relationships. In an era where society often emphasizes material success, these teachings helped students appreciate the importance of empathy, integrity, and moral responsibility.

2. Development of Writing Skills

Educators introduced students to the basic principles of writing and various forms of written expression. Students were guided on how to organize their ideas, present arguments clearly, and express their thoughts effectively. Writing exercises and creative tasks helped them strengthen their language skills and develop confidence in communicating their ideas in a structured and meaningful manner.

3. Enhancement of Communication Skills

Teachers emphasized that effective communication is a vital life skill required for academic achievement, personal relationships, and professional growth. Students received training in speaking, listening, and presentation skills. Activities such as group discussions and classroom interactions helped them practice expressing their ideas clearly and confidently.

4. Understanding the Importance of Non-Verbal Communication

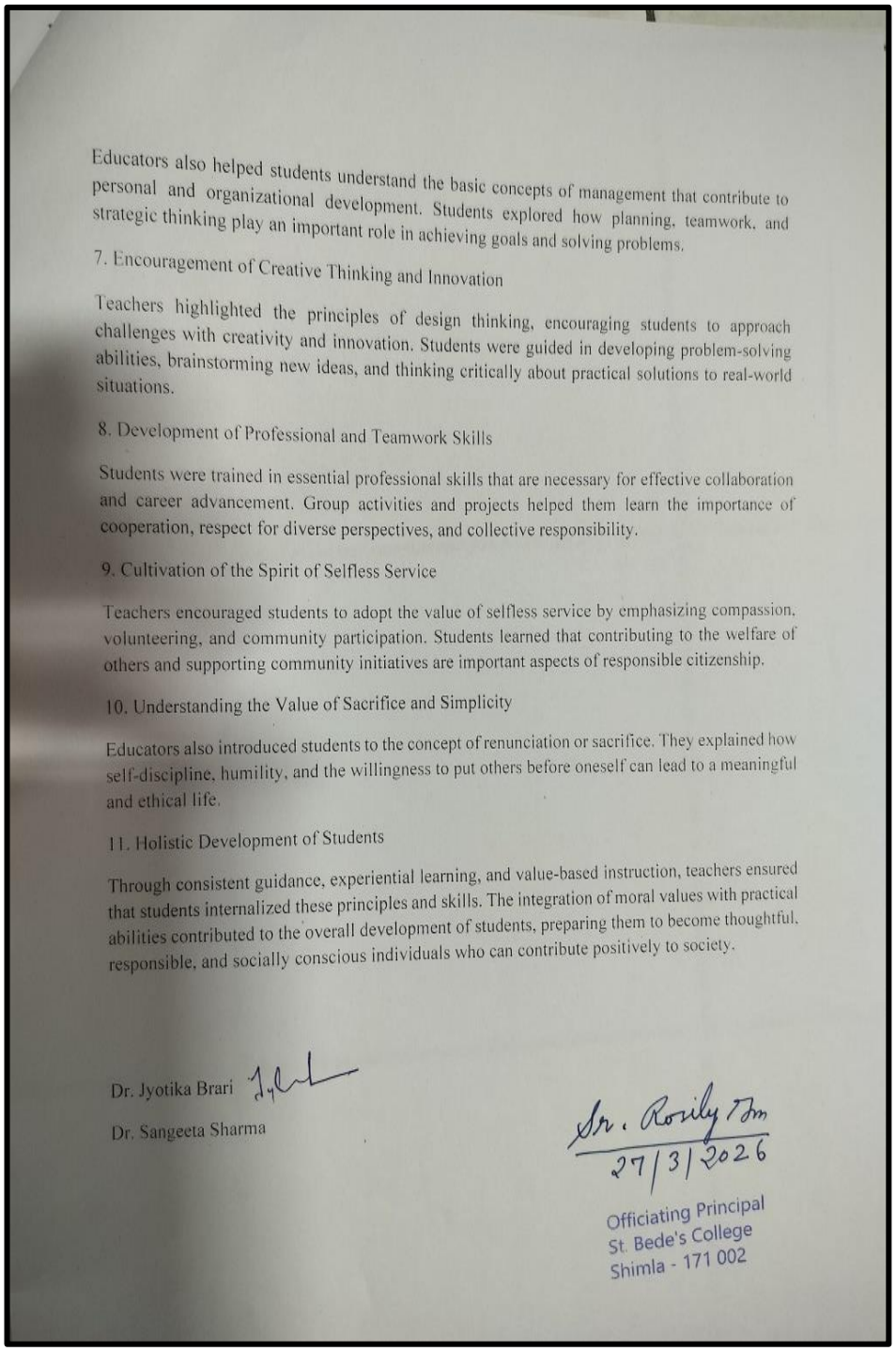
Students were also introduced to the concept of non-verbal communication. Teachers explained how facial expressions, body posture, gestures, and eye contact can significantly influence the way a message is conveyed and interpreted. By learning about these aspects, students became more aware of how communication involves both verbal and non-verbal elements.

5. Development of Leadership Skills

To prepare students for future responsibilities, teachers introduced them to the principles of leadership. Through case studies, group activities, and real-life examples, students learned about effective decision-making, responsibility, and the importance of guiding and motivating others.

6. Introduction to Management and Organizational Skills

Value Education Report by the Mentors



Educators also helped students understand the basic concepts of management that contribute to personal and organizational development. Students explored how planning, teamwork, and strategic thinking play an important role in achieving goals and solving problems.

7. Encouragement of Creative Thinking and Innovation

Teachers highlighted the principles of design thinking, encouraging students to approach challenges with creativity and innovation. Students were guided in developing problem-solving abilities, brainstorming new ideas, and thinking critically about practical solutions to real-world situations.

8. Development of Professional and Teamwork Skills

Students were trained in essential professional skills that are necessary for effective collaboration and career advancement. Group activities and projects helped them learn the importance of cooperation, respect for diverse perspectives, and collective responsibility.

9. Cultivation of the Spirit of Selfless Service

Teachers encouraged students to adopt the value of selfless service by emphasizing compassion, volunteering, and community participation. Students learned that contributing to the welfare of others and supporting community initiatives are important aspects of responsible citizenship.

10. Understanding the Value of Sacrifice and Simplicity

Educators also introduced students to the concept of renunciation or sacrifice. They explained how self-discipline, humility, and the willingness to put others before oneself can lead to a meaningful and ethical life.

11. Holistic Development of Students

Through consistent guidance, experiential learning, and value-based instruction, teachers ensured that students internalized these principles and skills. The integration of moral values with practical abilities contributed to the overall development of students, preparing them to become thoughtful, responsible, and socially conscious individuals who can contribute positively to society.

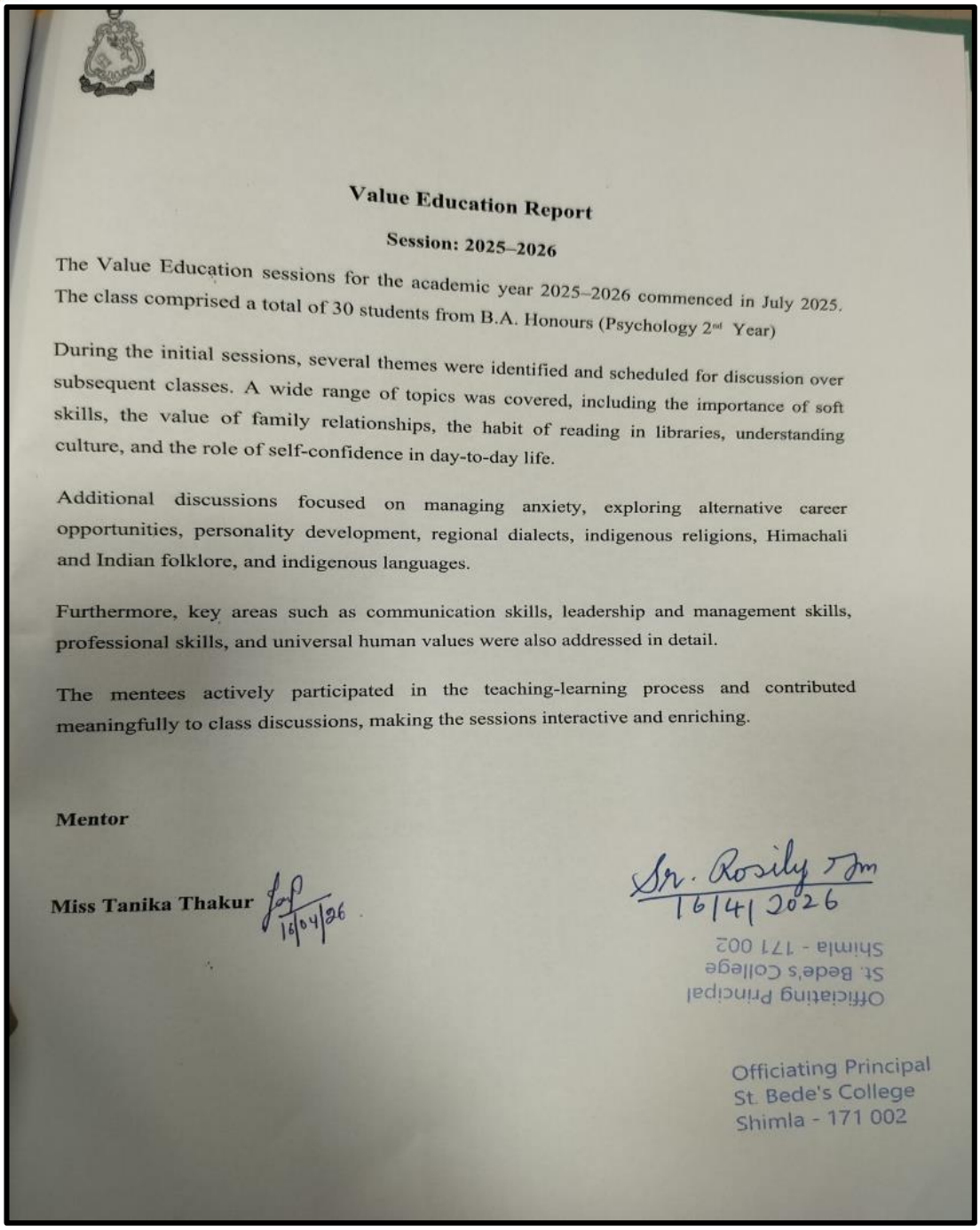
Dr. Jyotika Brari

Dr. Sangeeta Sharma

Sr. Rosily Tm
27/3/2026

Officiating Principal
St. Bede's College
Shimla - 171 002

Value Education Report by the Mentors



Value Education Report

Session: 2025–2026

The Value Education sessions for the academic year 2025–2026 commenced in July 2025. The class comprised a total of 30 students from B.A. Honours (Psychology 2nd Year)

During the initial sessions, several themes were identified and scheduled for discussion over subsequent classes. A wide range of topics was covered, including the importance of soft skills, the value of family relationships, the habit of reading in libraries, understanding culture, and the role of self-confidence in day-to-day life.

Additional discussions focused on managing anxiety, exploring alternative career opportunities, personality development, regional dialects, indigenous religions, Himachali and Indian folklore, and indigenous languages.

Furthermore, key areas such as communication skills, leadership and management skills, professional skills, and universal human values were also addressed in detail.

The mentees actively participated in the teaching-learning process and contributed meaningfully to class discussions, making the sessions interactive and enriching.

Mentor

Miss Tanika Thakur 16/04/26

Sr. Rosily Jm
16/4/2026

Officiating Principal
St. Bede's College
Shimla - 171 002

Officiating Principal
St. Bede's College
Shimla - 171 002

Value Education Report by the Mentors

Value Education Report
(2025-26)

The Value Education session was conducted with the aim of developing essential life skills and moral values among students. The session focused on key areas such as communication skills, leadership, entrepreneurship, and ethics, which are crucial for personal and professional growth.

The program began with a discussion on **good communication skills**. Students were introduced to the importance of clear and effective communication in daily life. Emphasis was placed on active listening, expressing thoughts confidently, and maintaining positive body language. Interactive activities encouraged students to participate and practice these skills.

The session then moved to **leadership qualities**, where students learned about the characteristics of a good leader, such as responsibility, decision-making, teamwork, and empathy. Real-life examples were shared to inspire students to take initiative and develop leadership abilities in school and beyond.

Another important topic discussed was **entrepreneurship**. Students were encouraged to think creatively and develop problem-solving skills. The concept of innovation, risk-taking, and self-reliance was introduced, motivating students to consider entrepreneurship as a future career option.

The discussion on **ethics and values** highlighted the importance of honesty, integrity, respect, and accountability in life. Students were guided on how ethical behavior builds trust and strong relationships in both personal and professional environments.

Overall, the session was interactive and engaging, with students actively participating in discussions and activities. It helped in enhancing their awareness of essential values and life skills, preparing them to become responsible and confident individuals.

Dr. Raman Bassi
Department of Commerce & Management

Sr. Rosily
09/4/2026
Officiating Principal
St. Bede's College
Shimla - 171 002

Value Education Report by the Mentors